



ASSIP in Romandy

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Summary

- ▶ ASSIP in Romandy : data, geographic locations, therapists
- ▶ A few particularities : ASSIP supervisors in Romandy, inclusion of nurses
- ▶ Development of ASSIP Home treatment

- ▶ ASSIP Clinical work – Erik : a case conceptualisation

Data, geographic locations and therapists

- ▶ ASSIP Romandy project started in 2019, financed by PSCH from 2021 until end of 2024
- ▶ 17 therapists have been trained during the project so far, and 7 before the project started
- ▶ Therapy is given in 3 different cantons : Vaud, Neuchâtel and Geneva. Development of the project in Wallis and Fribourg
- ▶ On-going work to increase the awareness of ASSIP therapy among the health professionals

A few particularities

- ▶ **2 ASSIP Supervisors**
- ▶ 1 Psychiatrist / 1 Psychologist
- ▶ Supervised 8 ASSIP therapists in training

Advantages:

- Supervisions and feedback in French
- Local /On-site supervisions (for Lausanne)
- ▶ Facilitates access to support for french-speaking ASSIP therapists

A few particularities

Inclusion of nurses in the project:

- ▶ Allows the project to train more therapists for ASSIP
- ▶ Input on the experiences of the nurses: usually, several years of clinical experience
- ▶ Valorisation of the profession

ASSIP Home Treatment

- ▶ Synergy of the two projects
- ▶ The goal is to reach to more patients who could benefit from ASSIP
- ▶ Two therapists started Home Treatment in Romandy : 1 psychiatrist and 1 nurse
- ▶ Projects began in Romandy in September
- ▶ Covers : psychiatric hospital and at-home treatment

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- ▶ The lead is by the child psychiatric unit in CHUV but ASSIP Romandy have a synergy with the project (regular contacts)
- ▶ Desire to develop a shared communication around the projects

ASSIP Clinical work - Erik: a case conceptualisation

- ▶ First session: narrative interview
- ▶ Second session: video-playback
- ▶ Third session: **case conceptualisation**

Thank you for your attention